





My World
Including Children in their Own Rehabilitation



About the Ida Institute




- Established as an independent non-profit organization in 2007
- Funded by the Oticon Foundation
- Global organization with about 7000 members world-wide
- All Ida tools and resources are freely distributed and publicly available
- Strategic partnership with William Demant since 2014 for tool deployment purposes



Slide 2
17.12.2014


Mission for the Ida Institute

**To foster a better understanding
of the human dynamics
associated with hearing loss**



Slide 3
17.12.2014

Paradigm Shift




Slide 4

Collaborative Approach



Slide 5
17.12.2014

Ethnographic videos
A chance to reflect



Slide 6
17.12.2014

Kathleen Video



© 2014 My World

Slide 7
17.12.2014

Kathleen Video

Please take a minute to reflect on the following questions:

- What were the challenges faced by the parents?
- What were the challenges faced by Kathleen?
- How could the audiologist have helped address the parents' and Kathleen's challenges?



© 2014 My World

Slide 8
17.12.2014

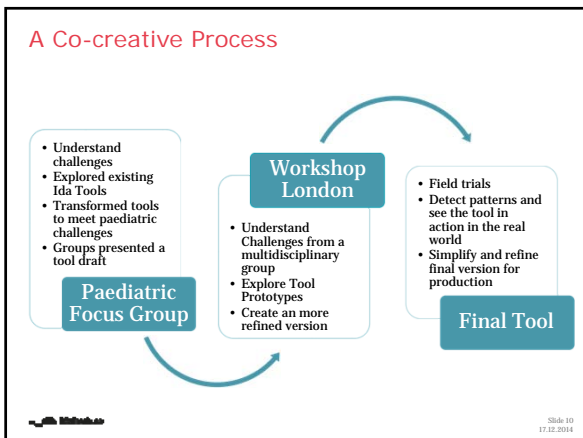
Engaging Children

Introduction to the My World Counselling Tool



© 2014 My World

Slide 9
17.12.2014



Our Starting Point

- What are the unique challenges facing professionals who work with children with hearing loss and their families?
- How can existing Ida tools be adapted or improved to address some of these challenges?

Slide 11 17.12.2014



Focus Group Tool Draft



© 2014 Microsoft

Slide 13
17.12.2014

Co Creative Lab, London



© 2014 Microsoft

Slide 14
17.12.2014

My World Prototype Used in Field Trials



© 2014 Microsoft

Slide 15
17.12.2014

My World Tool Components




Illustration showing six diverse children (two boys and four girls) standing in a row. To their right are two overlapping documents. Below the children are two photographs of a classroom environment, one showing a group of children and another showing a child at a table. In the bottom left corner, there is a small logo and the text '© 2014'. In the bottom right corner, there is the text 'Slide 16 17.12.2014'.

Family and Child-Centred Care

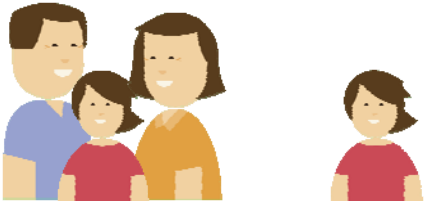


Illustration showing a family consisting of a father, a mother, and two children. The father is on the left, the mother is in the middle, and the two children are on the right. In the bottom left corner, there is a small logo and the text '© 2014'. In the bottom right corner, there is the text 'Slide 17 17.12.2014'.

Child-Centred Care – how?

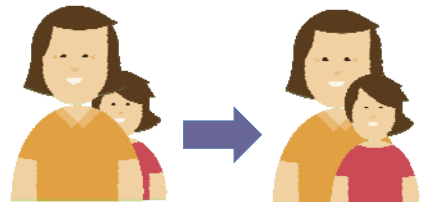


Illustration showing a transition from a family (mother, father, and child) to a child and caregiver. A blue arrow points from the family to the child and caregiver. In the bottom left corner, there is a small logo and the text '© 2014'. In the bottom right corner, there is the text 'Slide 18 17.12.2014'.

Play Therapy

“Play Therapy is a way of helping children express their feelings and deal with their emotional problems, using play as the main communication tool.”

British Association of Play Therapists



Slide 19
17.12.2014

Play Therapy

Play therapy is the way we can achieve patient –centered care with children.

The audiologist and the parents begins to understand the communication difficulties from the child's perspective.



Slide 20
17.12.2014

Play Therapy

Help the children understand and organize their own experience

Telling their own story help them externalize any problems and find new strategies for dealing with them.



Slide 21
17.12.2014

Effectiveness of Play Therapy

Moderate to Large Treatment Effects on outcomes for measures of:

- Self-concept
- Social adjustment
- Personality
- Anxiety
- Adaptive functioning and family functioning

Baggerly et al., 2010, Oualline, 1975, Post, 1999



Slide 22
17.12.2014

My World Tool Components



How to Use "My World"



- Step 1:**
- Choose the environment and be curious about what the child tells you



- Step 2:**
- Understand successes and challenges through role play
 - Reinforce success / try out new options for challenges



- Step 3:**
- Document decisions and strategies



Slide 24
17.12.2014

A Real-Life Example



© 2014 MIRA

Slide 25
17.12.2014

Reflections on Real-Life Example

- Using the My World tool, what does Eileen learn about Emily's interaction with the other children at her school?
- How does Eileen use the tool to help Emily explore alternative communication strategies to help her engage with her friends?
- How does the session help Emily develop self-confidence in the way she manages her hearing loss?



© 2014 MIRA

Slide 26
17.12.2014

Aims and Objectives of the Final Tool

- Enable a patient-centred dialogue
- Provide a supportive environment for children to tell their own experience
- Enable joint focus and attention on what is important to the child
- Foster discussion led by the family and child, related to their reality
- Externalise issues related to hearing loss
- Provide an insight into positive experiences and challenges faced by the child and family
- Enable audiologists to hear details not usually obtained
- Enable joint goal setting

© 2014 MIRA

Slide 27
17.12.2014

How to Interact with the Child Using the My World Tool

- Be aware of possible anxiety in the child
- Build trust in the child before you introduce the tool
- Be sincerely curious and listen carefully
- Ask open-ended questions
- Ask "what would you do if...?"
- Role play solutions and strategies that are discussed with the child
- Ensure that the child has heard your message or question correctly and understands what to do
- Convey that there are no right or wrong answers
- Give the child sufficient time to respond
- Tell the parents that they will have an opportunity to speak later



Slide 28
17.12.2014

Summary - The My World Tool:

- Includes the children in their own rehabilitation
- Address the transition from family-centred to child-centred care
- Include core concepts of play therapy
- Can be used at any point of the appointment, when the child's perspective will inform the therapeutic process



Slide 29
17.12.2014

Questions?



My Ida Moment

How do you think the My World tool addresses the challenges you experience in daily practice?



Slide 31
17.12.2014

Thank You for Listening!