

	Underestimators	Accurate Estimators	Overestimators
Provision of Information	This test shows you hear better than you think you do.	This test shows you accurately assess your hearing ability.	This test shows you overestimate how well you can hear.
Suggested Explanation	Perhaps you have unrealistically high expectations, are cautious, reluctant to take risks, lack confidence in your hearing, do not want to fail.	You have a good understanding of how your hearing loss affects your ability to hear.	Perhaps you don't want to acknowledge to yourself and others that you have a hearing loss, you aren't aware of your hearing loss because it came very gradually, you are overconfident.
Participant Exposition	What is your response to the above, do you have other explanations?	What is your response to the above, do you have other comments?	What is your response to the above, do you have other explanations?
Discussion	Underestimating may result in your becoming fearful of social interaction, withdrawing, becoming too dependent on others.	You are accepting of your hearing loss and of the limitations it imposes.	Overestimating your hearing may result in others becoming frustrated with you, your appearing unintelligent or arrogant, misunderstandings and wrong information.
Solutions	Try guessing, take a risk and assume you heard correctly, rephrase what you heard to clarify content, use communication strategies.	NA. Discuss communication strategies.	Ask for clarification, admit the difficulties you have to yourself, use communication strategies.

TABLE 1. PPT-based counseling content.