

Need Technical Support?

Contact AudiologyOnline at:

<u>1-800-753-2160 or</u> <u>customerexperience@continued.com</u>

Any opinions of non-AB employees are their own and not those of the company.

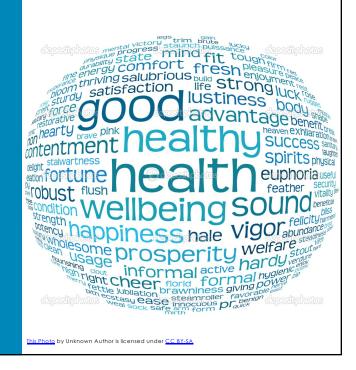
This webinar is being recorded.

Welcome & Introductions

Quality of Life Measures

0= NONE and 10 = SEVERELY

- 1. How much does your inability to understand others because of your hearing loss impact your social life?
- 2. How much does your hearing loss impact your relationships with your partner/spouse/loved ones?
- 3. How much does your hearing loss impact your work because of your ability to understand in meetings/group settings?
- 4. How much does your hearing loss impact your work because of your ability to understand in 1:1 settings?



Adults with severe to profound hearing loss have a tremendous potential

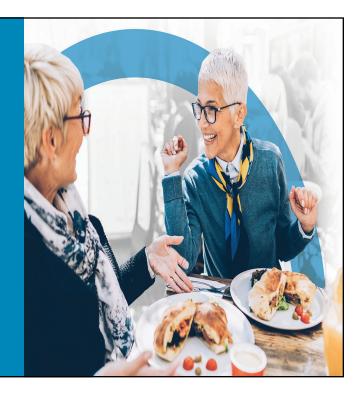
an improved quality of life after receiving a cochlear implant.

- improved emotional healthreduced isolation
- expanded options in education, social life and work

Gifford, et al, (2010). Evidence for the Expansion of Adult Cochlear Implant Candidacy. Ear and Hearing, 31(2), 186-194.

Using hearing aids or cochlear implants is not enough

- Wearing hearing aids or cochlear implants does not mean that the brain will immediately learn how to hear or understand the sounds, words or music that surrounds us.
- Learning how to hear for the first time or learning to hear again using a hearing aid or cochlear implant takes practice.



Supporting the Whole Hearing Journey 2 Identification Candidacy Cochlear Implantation



Agenda

- o Introduction to aural rehabilitation
- Auditory skill development review
- Data to show that rehab is effective
- o Rehab activities your patients can do



Adult Aural Rehabilitation:

"The reduction of hearing-loss-induced deficits of function, activity, participation, and quality of life through sensory management, instruction, perceptual training, and counselling."

Boothroyd, A. (2007). Adult Aural Rehabilitation: What Is It and Does It Work?. Trends in hearing, 11(2), 63-71.

Outcomes with a cochlear implant Influenced by:

- 1. Age at onset of deafness
- 2. Hearing loss duration
- 3. Age at time of implantation
- 4. Residual hearing
- 5. Cause of hearing loss
- 6. Co-existing conditions



11

Optimize your hearing with: What you can do: Daily Device Use 2 Support Consistent Use You have to weer ill Full time device use within 30 days. Motivation Rehabilitation Motivation Motivation Motivation Motivation What you can do: Reach Out for Help Family community and educed uses within 30 days. Reach Out for Help Family community. HEAR Motivation Motivation Motivation Motivation Or your voin, with a litering coach, in a group Telephone On your coin, with a litering coach, in a group

Set up for success!

Specific goals *
Track progress
Realistic expectations
Persistence
Support from significant others

*Sweetow & Sabes, 2007; Barnett et al., 2016; Boothroyd et al., 2007;



"WE HEAR WITH OUR BRAINS, NOT OUR EARS.

The ears are just a way for sound to get in for processing by the brain."

-Dr. Carol Flexer



Bottom-up Auditory Processing

Processing occurs when we hear basic features of auditory stimuli and then integrate them

$$"C-A-T = CAT"$$



Top-down Auditory Processing

Processing occurs when previous experience and expectations are used first to recognize auditory stimuli

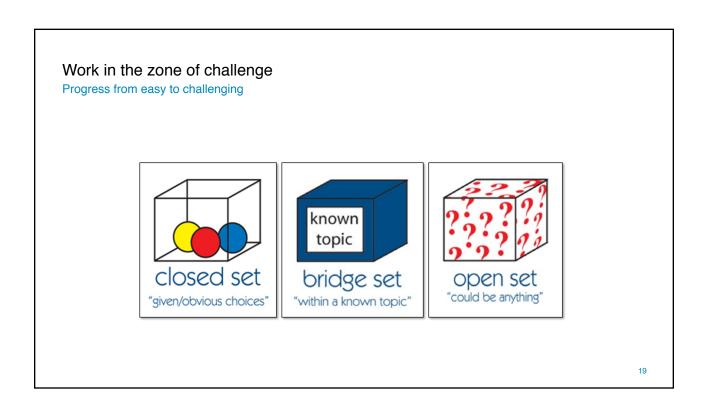
"Twinkle, twinkle, little _____"

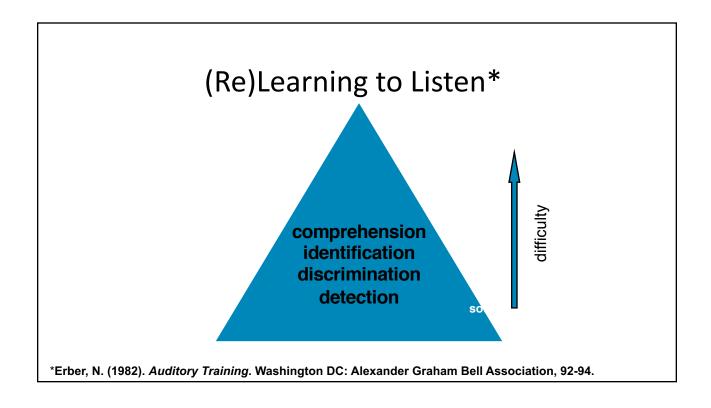


The more auditory information you can receive from your hearing aids or cochlear implants (bottom-up)...

The less taxing it is on understanding (top-down).

Presented by Dave Sindrey with Advanced Bionics, rehAB With Your iPad





Detection

Presence or absence of sound

- Environmental sounds
- Soft speech
- Music
- Close and at a distance
- Live first, then recorded

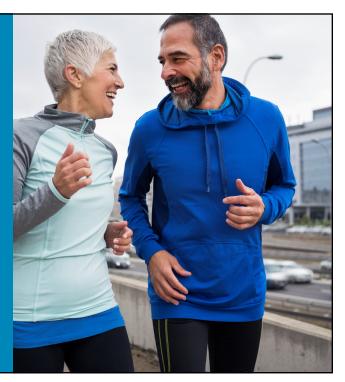


Examples of Activities for Detection:

Music is on or off? Freeze Dance!

Listening Walk—do you hear sounds around you? Is someone talking?

Noticing a sound in another room or area of the house that you may not have heard in awhile.



Discrimination

Same versus Different

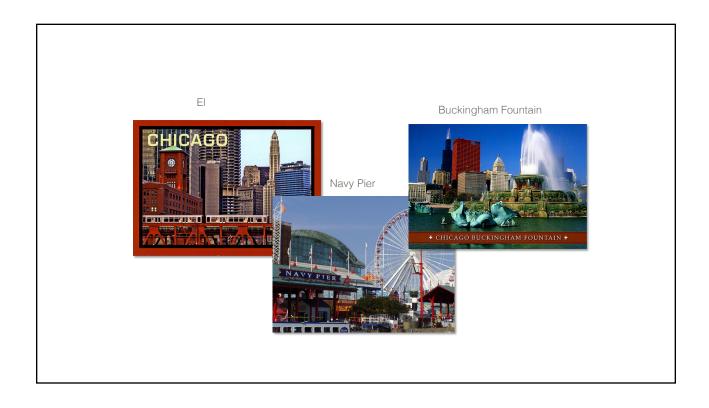
- Syllable numbers
- Long versus short words
- Loud versus soft
- High pitch versus low pitch and in between
- Fast versus slow
- Pattern perception









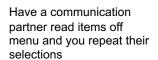


Identification

What is that sound?

- Closed Set-limiting the number of choices to choose from
- Open Set-choosing from a very large set with some clues





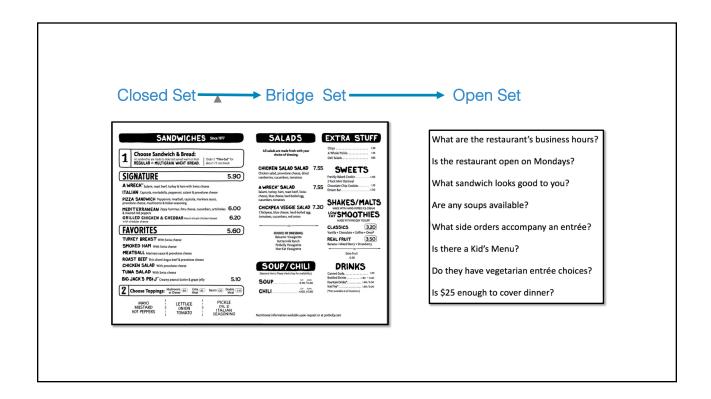


Listen to your communication partner read the newspaper or a brochure while you read along



Paper Trails from The Listening Room https://thelisteningroom.co m/en/lessons/view/227

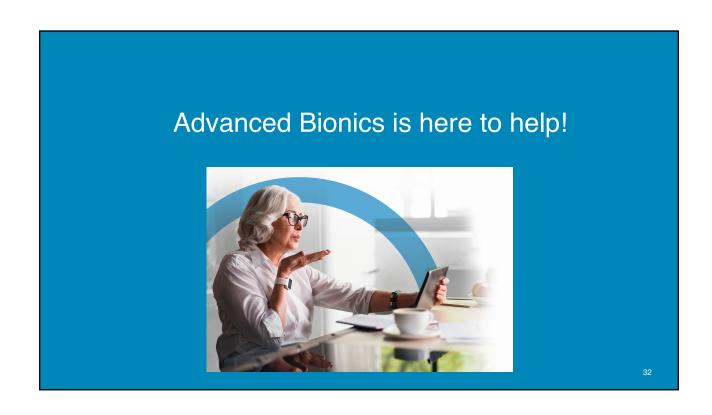






Comprehension Understanding meaning • Closed Set- answer questions on familiar topic, following conversation with a known topic • Open Set- answer question on an unknown topic, understanding a conversation on an unknown/unfamiliar topic,

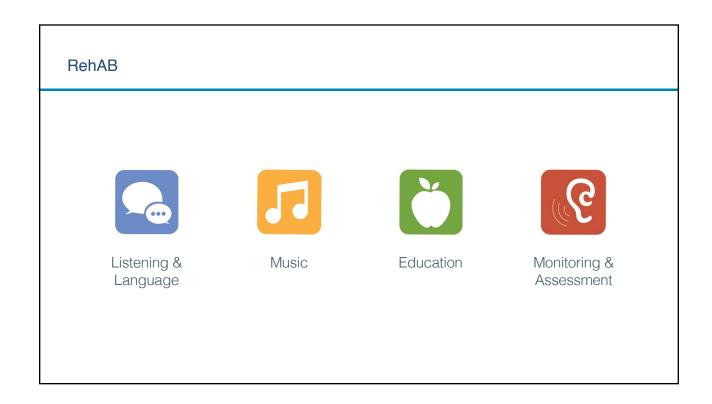




RehAB Portal

The place to find all digital rehab resources to support the journey to better hearing.

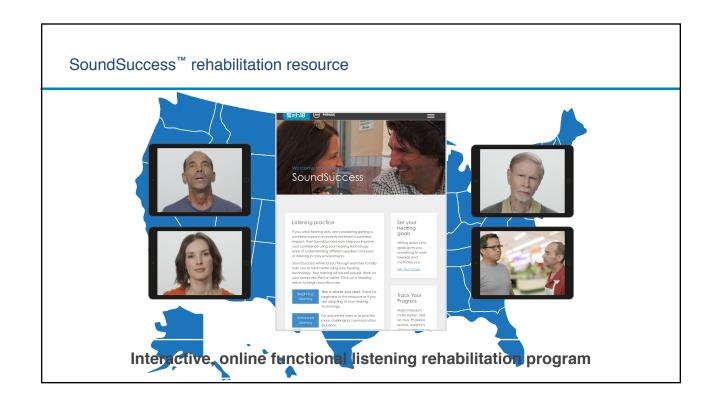




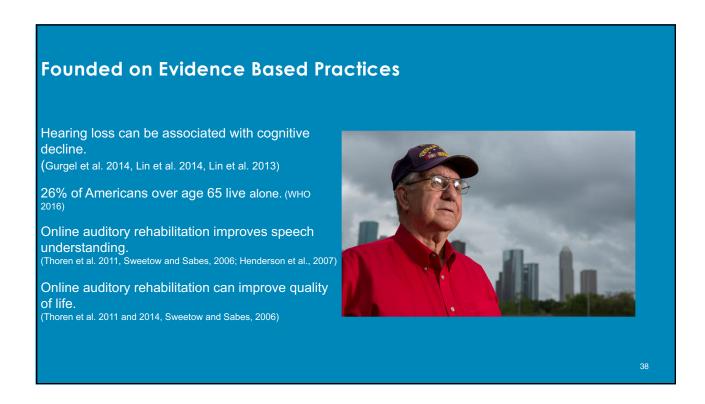


- TheListeningRoom.com
- CLIX
- Musical Atmospheres









Founded on Evidence Based Practices

Computerized auditory training programs now provide the **option of training in a home** environment

This type of training program may

- o increase the training opportunities for adults
- o increase the benefit achieved by people who use HA/CI
- o reduce potential dissatisfaction with the HA/CI

Heydebrand, Mauze, Tye-Murray, Binzer & Skinner, 2005

39

Goals of SoundSuccess™

- Reinforce the brain's ability to perceive and understand spoken language
 - Listening and speech reading (video on, audio on)
 - Listening only (video off, audio on)
 - Combination of both
- Enhance "real world" listening and communication
 - Male and female voices and different US dialects
 - Functional language (everyday words/sentences/contexts)
 - Listening in noise training
- Boost confidence
 - Training in an unthreatening environment
 - Feedback on performance
- Track functional hearing status over time

40

Individualized Rehabilitation

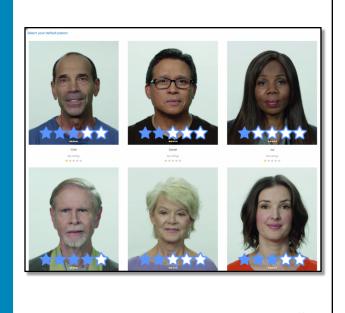
Noise

everyday life.

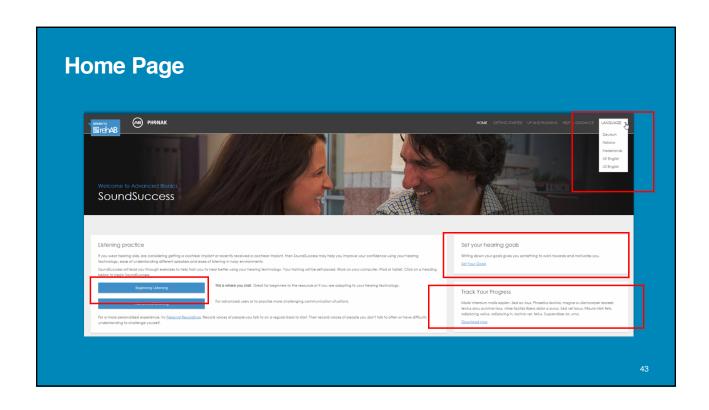
Choose speaker/dialect
Video (speech reading) on/off
Auditory only
Quiet

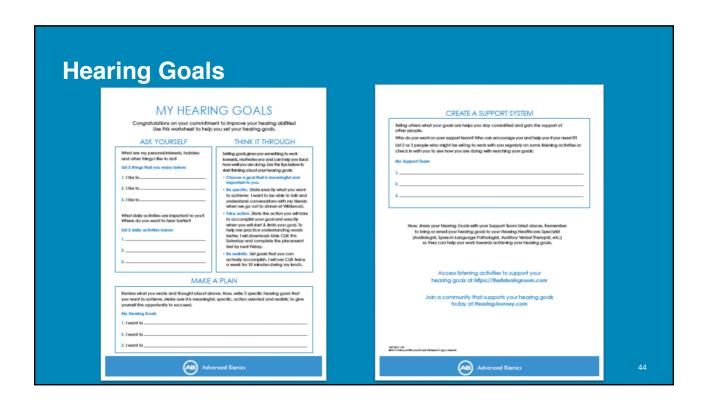
Multiple speakers and multiple listening

environments helps to transfer skills to



Significant Features of SoundSuccess Immediate Feedback Training in relaxed/unthreatening environment Promotes optimal auditory learning Allows you to work at your own pace Increased confidence Topic of 15 Out of 18—Try Agoint Your onewer: Do you word o cup? Rept Repect Topic Stow the correct arrower Stow the correct arrower 42





Features of SoundSuccess™

Track your progress

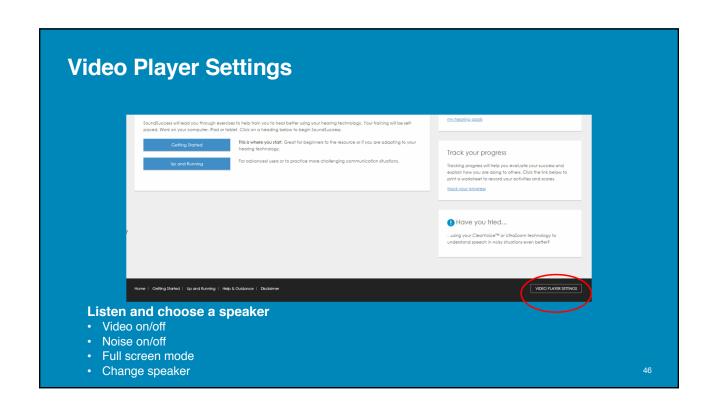
Hearing aids

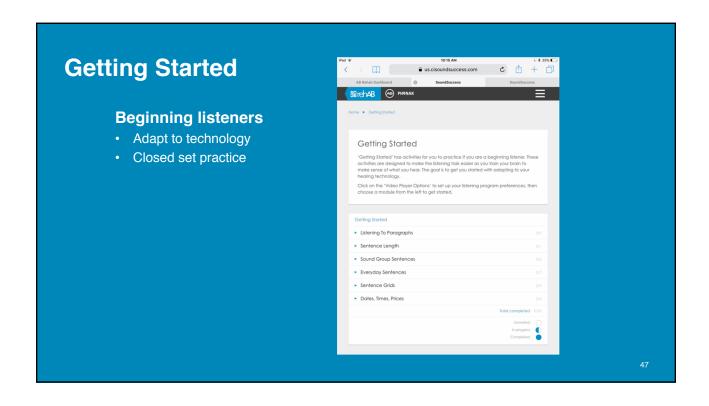
Pre-cochlear implant counseling

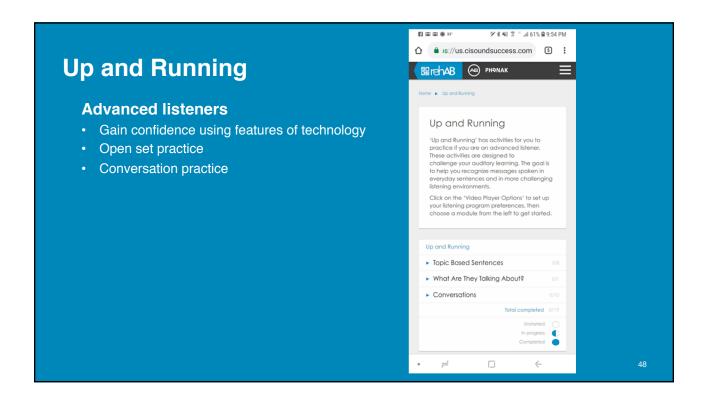
Post-cochlear implant counselling

Guide recommendations for enabling additional AB features, second side HA/CI, using hearing assistive technology









Training benefits using SoundSuccess™

Improved perceptual/ communication skills

Increased confidence and participation

Restored quality of life

Tips from a Therapist

SoundSuccess[™] for developing confidence in real life communication

Starting point for your expectations

Helps start the dialogue with your hearing healthcare professional

Helps you answer the question, "How are things going for you?"

I feel confident with _____

I really struggle with _____

Gives guidance for where to start at the right level

Reassures and builds confidence for real life



Insight from an Audiologist who is deaf

SoundSuccess[™] for developing confidence in real life communication

Involve your communication partner

You are learning a new "language" – immerse yourself!

May (still) need to remind people: eye contact before ear contact

Before you start

- Is your equipment ready?
- Make sure your volume is set appropriately

Remember that each person makes progress at their own pace



Insight from an Audiologist who is deaf

Making the most out of your audiology appointments using SoundSuccess™

Put reminders in your phone to check in at least annually

"How are you doing?" - now you have an answer!

Did you recently go bilateral? Share your results

- o Can provide information to help adjust programming
- Are you seeing an improvement after adjustment?
- o Do you notice any patterns?
 - Male vs Female Voices
 - Struggling in noise
 - Sounds that consistently get confused
 - Sounds that you like/don't like, hear/don't hear



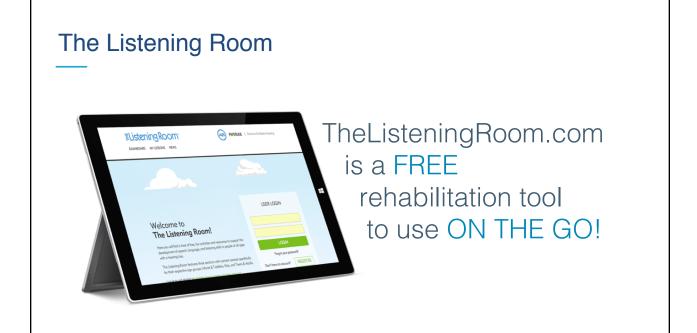


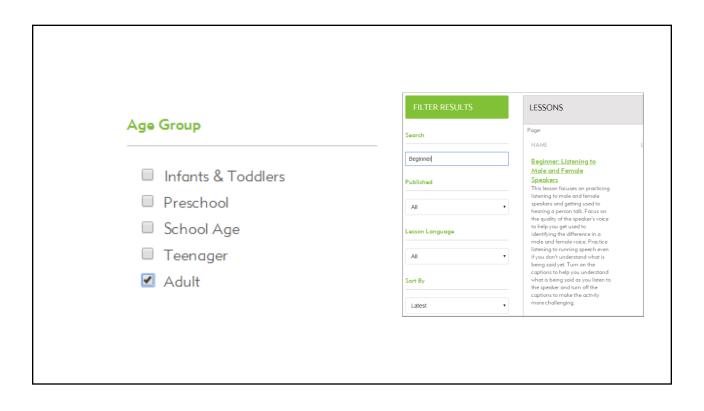


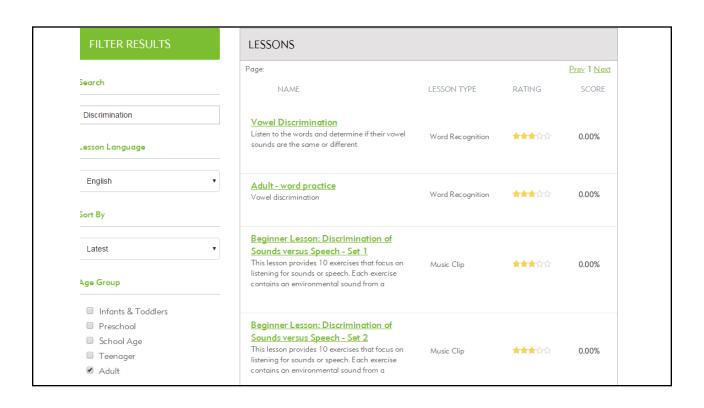


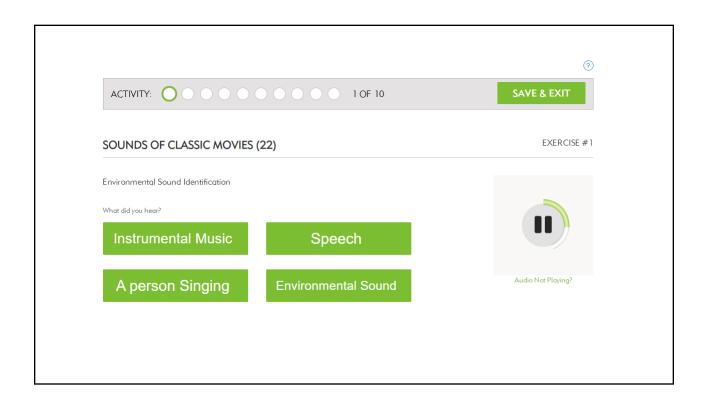
- TheListeningRoom.com
- CLIX
- Musical Atmospheres

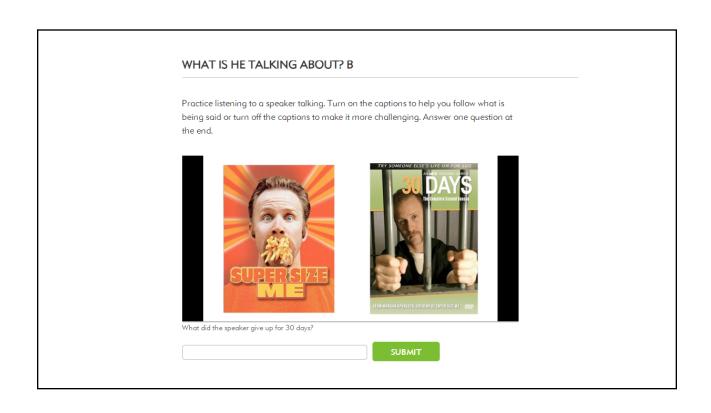




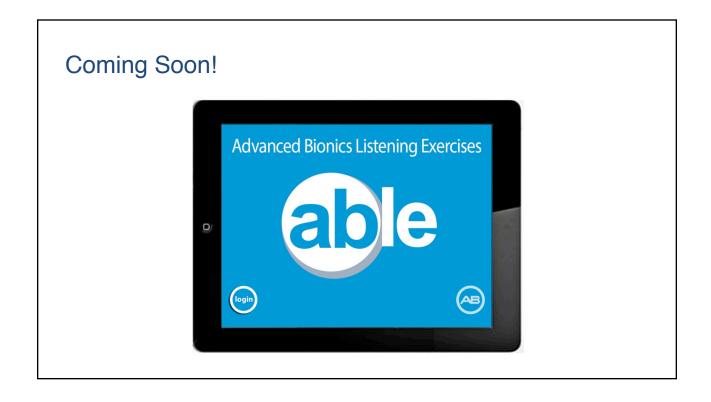












Musical Atmospheres

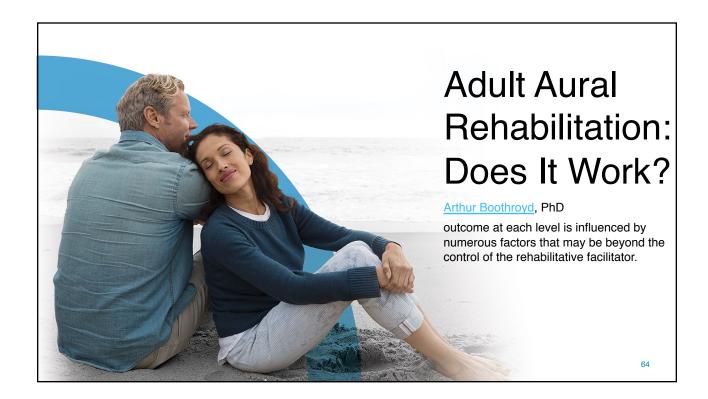
Maximize use of AB technology and ability to hear in the real world

Musical Atmospheres is an **interactive program** designed to help teens and adults with CIs explore the wonderful world of music

Practice in challenging environments

- effective for supporting telephone training
- listening to different voices in a conversation

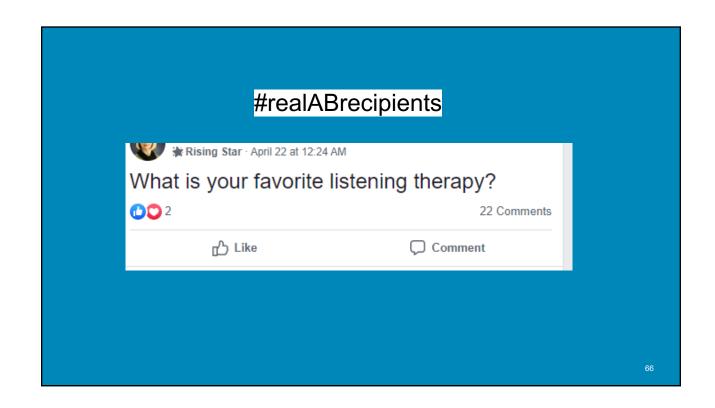




#realABrecipient

"I binge-watched Netflix with captions. Started with Sherlock and ended up watching 3 or 4 full series start to finish. I watched a lot of news shows with captions where I could sync up lipreading with captions and what I heard. I listened to books on tape - the unabridged ones and followed along in a book...."





From AB Recipients

Facebook

- Sound Success from Advanced Bionics
- ABle Clix app from Advanced Bionics
- Audiobooks
- Ted Talks with and without captions (TLR)
- Familiar songs on iTunes or radio where you know the lyrics, and repeat them over and over!
- Netflix with captions
- NPR



67

Success includes the person's level of:

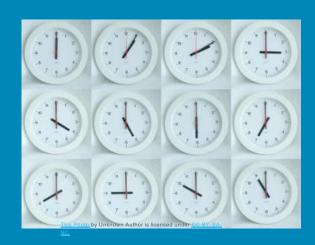
- motivation
- readiness
- expectations
- · sense of entitlement
- personality
- adaptability
- perceived locus of control
- lifestyle
- function in other areas such as cognition, tactile perception, and visual perception
- · auditory ecology
- resources
- support from significant others



68

It's not too late to start:

- Seek out skilled intervention through a qualified aural rehabilitation therapist
- Find a Hearing
 Helper/Accountability Buddy
- Online Resources
- What is your plan? Write it down; stick with it. Get started.



69

You have to walk before you can run!

Sometimes you fall down.

Sometimes you go slow.

Sometimes you go fast.

Everyone runs at a different pace.

Not every run is a race.



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Product & techy tips, recipient stories, announcements, industry news



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Product & techy tips, recipient stories, announcements, industry news



youtube.com/advancedbionics

Recipient stories, techy animations, product how to's



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Career opportunities, company announcements, professional news



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AB culture, rehab, industry awareness, recipient stories pins



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Buddy & Melody travel pics



