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# Counseling Patients through the Ponto Trial Journey: Benefits of Direct Sound Transmission

Carissa Moeggenberg, MA, CCC-A Training Manager, Oticon Medical





### **Learner Outcomes**

- Following completion of this course the participants will be able to describe the benefits of direct sound transmission.
- Following completion of this course the participants will be able to list the steps involved in the trial process of a Ponto System.
- Following completion of this course the participants will be able to illustrate effective counseling tips to use during the patient journey process.



## Agenda

Bone Conduction Hearing

The Ponto System

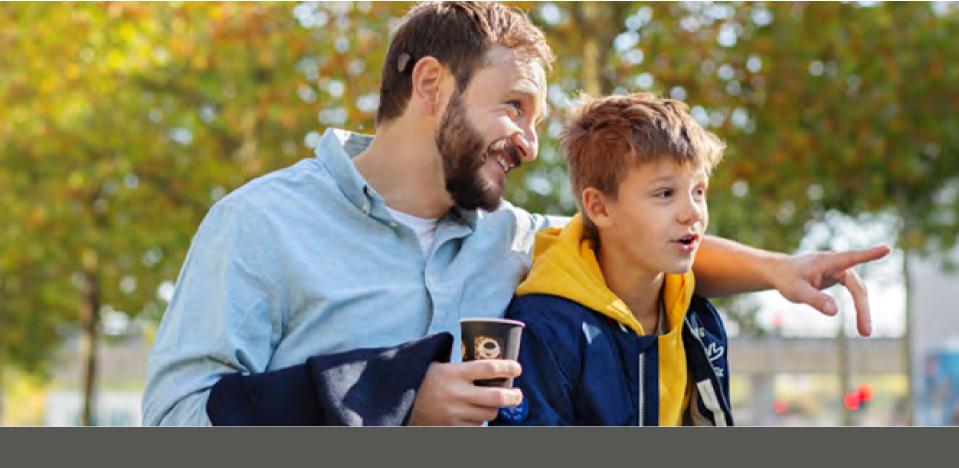
The Trial Process

Benefits of Direct
Sound
Transmission

Transitioning to the Abutment and Implant

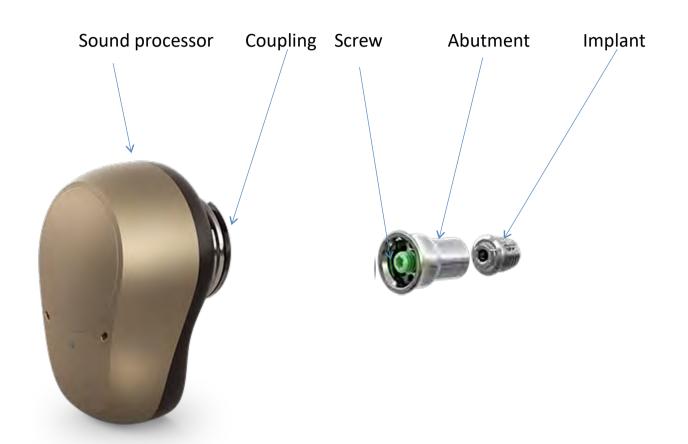
Clinical Evidence
Supporting Direct
Sound
Transmission





**Bone Conduction Hearing and The Ponto System** 

# **Components of a Bone Anchored Hearing System**





# **Osseointegration and Direct Bone Conduction**









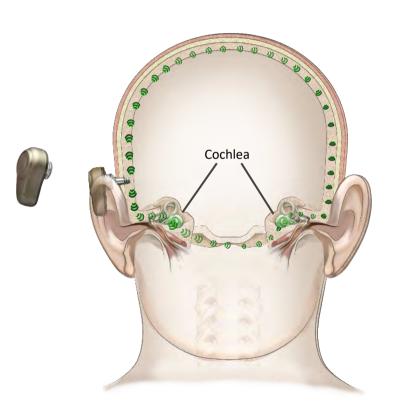




Abutment (6, 9, 12, or 14 mm long)
Implant (3 or 4 mm long)



# **Direct Bone Conduction**



Sounds are converted to vibrations, which are transmitted directly to both inner ears.



# **The Ponto System Today**

- Ponto 4 and Ponto 3 Superpower share the same basic foundation built on *BrainHearing*<sup>TM</sup>
  - a. Offer the widest frequency bandwidth in the market of the bandwidth in the bandwidth
  - b. Durable design and coupling
  - Incorporate Oticon, Inc. sound processing and feedback management



abutment-level sound processor



World's smallest & advanced sound processing





# The Trial Process

### **The Trial Process**

Different for Adults and Children

### **Adults**

- Acute simulation completed in one appointment
- Patient fitting on test band
- Verification of benefit using a test protocol
- Subjective questionnaire administered to patient
- Counseling

### **Pediatrics**

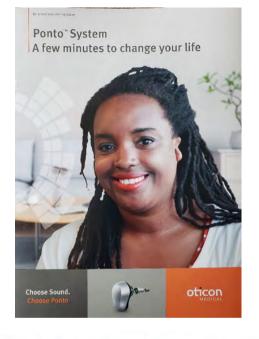
- Not an acute trial but a non-surgical process until child meets minimum age requirements
- Softband fitting
- Counseling
- Parent report measure
- Baseline testing
- Follow-up testing and monitoring



# **Clinical Tools and Resources**

To have available for Patient Simulation

- Ponto Sound Processor (i.e. Ponto 3 SP)
- Verification/Test Protocol
- Subjective Questionnaire/Parent Report Measure
- Test band (preferred), Head band, or Soft band
- Ponto Counseling Kit
- Ponto Care APP Trial Companion
- Ponto Candidate Materials











# Why the Non-Surgical Process is Important



Opportunity to hear with the device



Verification of benefit



Comparison of different solutions



Assessment of subjective impressions



Assist with counseling



Provides best practices





# **Direct Sound Transmission**

### **Counseling Patients** Making an informed decision









- More options than ever for bone anchored patients
- There are both benefits and limitations in the different solutions for the individual patient
  - Does the solution provide enough amplification / output?
  - Is it comfortable enough to wear for a full day?
  - Cosmetically, how does it compare?
  - Are there any benefits available beyond better hearing?
- As professionals we must ensure that the patients make informed decisions before any surgical intervention

# **Direct Sound Transmission vs. Skin Transmission Systems**

There are two types of bone conduction devices:

#### 1. Direct Sound Transmission

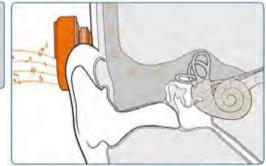




Devices send vibrations via direct route to bone

#### 2. Skin Transmission





Devices send vibrations through the skin to bone



### **Bone Conduction Devices**

Direct Sound Transmission Vibrations directly to the bone Skin Transmission Vibrations through the skin

Active transcutaneous

Transducer in implant

Percutaneous Transducer in external sound processor

Non-surgical solutions

Passive transcutaneous Implanted magnet











### **Bone Conduction Devices**

Direct Sound Transmission Vibrations directly to the bone Skin Transmission Vibrations through the skin

Active transcutaneous

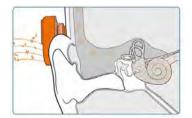
Transducer in implant

Percutaneous Transducer in external sound processor

Non-surgical solutions

Passive transcutaneous Implanted magnet

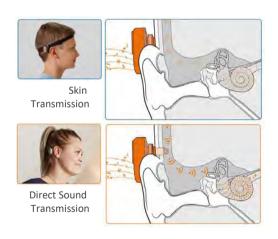




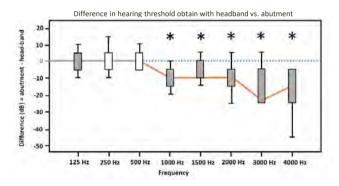


### **Benefits of Direct Sound Transmission**

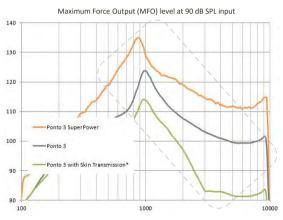
 Sounds are attenuated in Skin Transmission solutions – even with Softband correction.



 Direct Sound Transmission systems can provide an extra 10-20 dB of output in the mid to high frequency range.\*



The mid to high frequency range contains the most important sound information for speech understanding.



\* MFO of Ponto 3 corrected by Skin Transmission dampening as measured in ref 5.

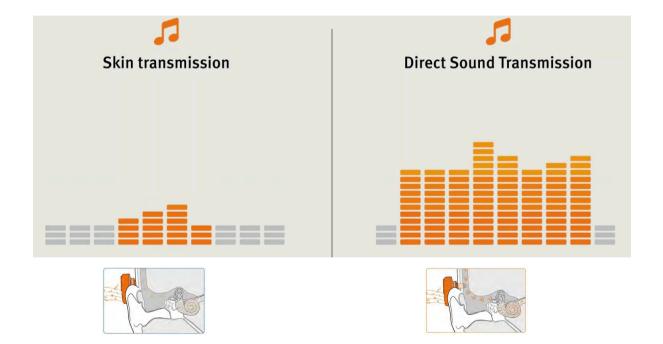


### **Benefits of Direct Sound Transmission**

Consequence of skin attenuation of speech phonemes 30 40 Skin Transmission 50 Direct Sound Transmission



# Another Way to Look at it!





# **Counseling Considerations** *Benefits of Direct Sound Transmission*

- Hearing thresholds obtained are 5-20 dB lower (better) between 600 6000 Hz
- Speech reception thresholds are 4-7 dB lower (better) than conventional devices

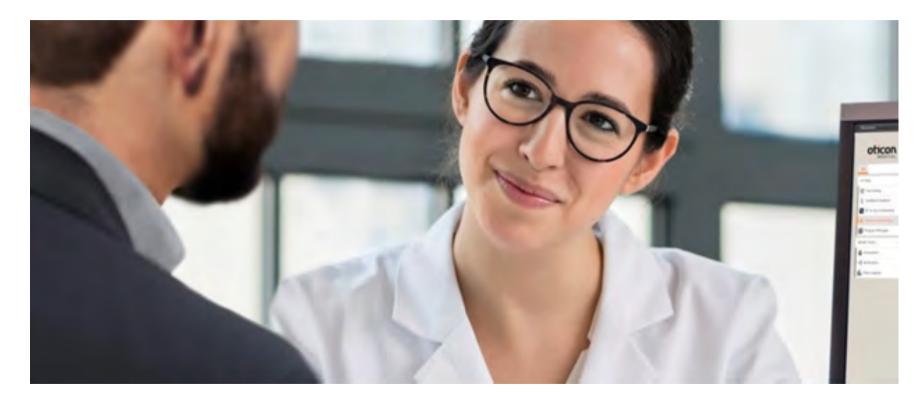
### Benefit to your patients:

- Access to more sounds
- Access to softer sounds

Clearer, more natural sound with fewer distortion and less feedback



# **Other Important Considerations**





# **Wearing Comfort**

### Ponto

Minimal physical sensation of the device

Device stays attached to abutment

Nothing prevents the user from wearing it all waking hours

90% of users wear 8 hours or more

### **Magnetic Solution**

One-third of patients experienced pain

High risk of retention issues

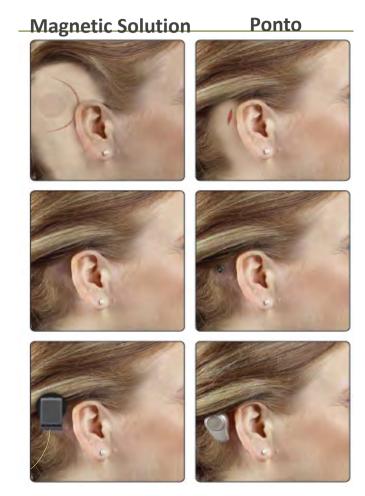
Tissue reduction if skin over 6 mm

22% of users wear 8 hours or more





# **Cosmetic Considerations**



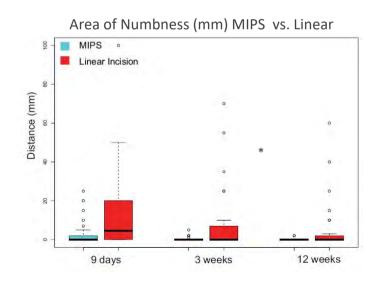


# **Surgical Considerations**

- A surgery should be as minimally invasive as possible for less numbness and pain
- Numbness is virtually gone as complication after MIPS surgery<sup>3</sup>
- With Attract, tissue reduction needed if skin thickness over 6mm
- Tissue preservation with MIPS is therefore reversible without side effects
- Average 45 minute Attract surgery<sup>4</sup> vs. 7 min for MIPS<sup>4</sup>



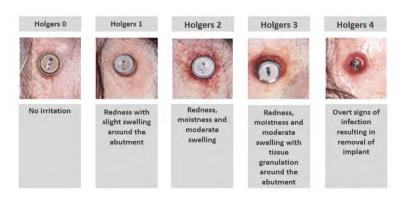




# **Post-Surgical Complications**

#### **Percutaneous Devices**

- Accepted classification system
  - Holgers Score



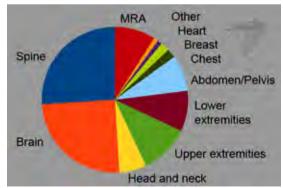
#### **Passive Transcutaneous**

- No accepted classification system
- Systematic review (Cooper et al.)
  - 26 articles covering 482 implantations
    - Major complications was reported in 25 cases
    - Minor complications mostly consisting of pain or erythema due to magnet strength



### **MRI Considerations**

- MRI is widely used procedure with the likelihood that a patient will need on in their lifetime
- The implant may cause an artifact
  - Artifact shadowing will obstruct the scan
- Acoustic neuroma patients undergo several MRI's post surgery



http://www.magnetic-resonance.org/ch/21-01.html



#### **Ponto**

- 3 Tesla
- 10 mm artifact



#### Magnetic system

- 1.5 Tesla
- 115 mm artifact

Oticon Medical MRI Security card Surgery guide, Cochlear Baha 4 Attract System, Surgical procedure

Note! The illustrations are not exact. Just a schematic view of the artifact effect

### Who are the Candidates if Sound Matters?

Ponto

Pediatrics\* and adults
• Conductive and mixed
• Single sided deafness

Pediatrics\* and adults
• Conductive and mixed
• Conductive and mixed
• Conductive and mixed
• Single sided deafness

Skin drive

Head band or soft band

Pediatrics before eligible for surgery
• Adults: testing or before surgery











**Transitioning to the Abutment and Implant** 

Minimally Invasive Ponto Surgery

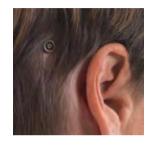
### 80% of all Ponto operations in the US are done with MIPS!

- Minimizing post-op complications
  - Less tissue disturbance, numbness and irritation
- Suture free operation
  - No scarring = Better cosmetic outcomes
  - Less surgical time
- Tailor-made operational components
  - Allows for minimal and safe procedure
  - Long-term goal is to further reduce the need for post-surgical treatment



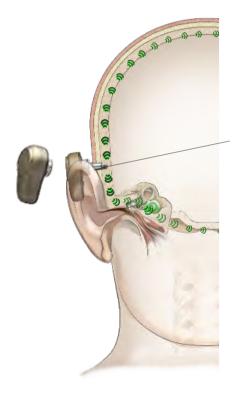


### Osseointegration and Direct Transmission









Ponto is an auditory osseointegrated bone conduction implant system.

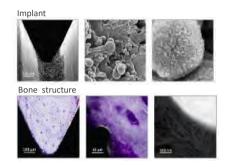
Osseointegration





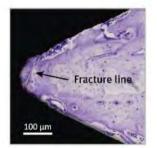
Because sound matters

Bone bonding – fast and strong osseointegration

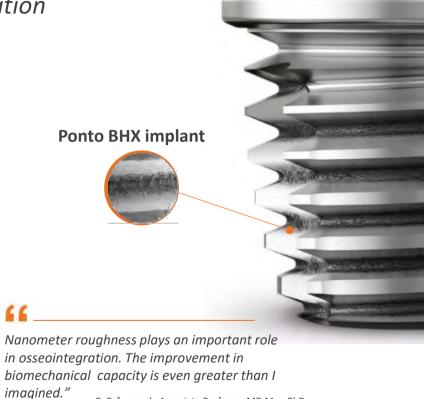


First laser-ablated titanium surface Site-specific modification at the root of the threads

Matching the natural bone structure at macro-, micro-, and nano-scale.



Stronger than bone The bone bonding to the BHX implant is stronger than the bone itself.<sup>5</sup>



R. Brånemark, Associate Professor MD Msc. PhD



# Ponto Abutments

#### A unique design for tissue preservation





#### The proven surface

 Ponto abutments feature the proven surface for tissue preservation surgery.6 OptiFit™ -Perfect fit with no pockets or pathways

#### Perfect fit

Even supportive surface and perfectly matched interface is ideal for MIPS/tissue preservation



I would highly recommend it. It has had a huge impact on my life... I don't know it's there. Once it's healed, you don't really need to do anything Louise different."



The MIPS Procedure

- 1. Preparing the Site
- 2. Punching and Inserting the Cannula
- 3. Initial Drilling with Cannula Guid Drill
- 4. Drilling with the Cannula Widening Drill
- 5. Implant Installation
- 6. Attach the Healing Cap and Dressing











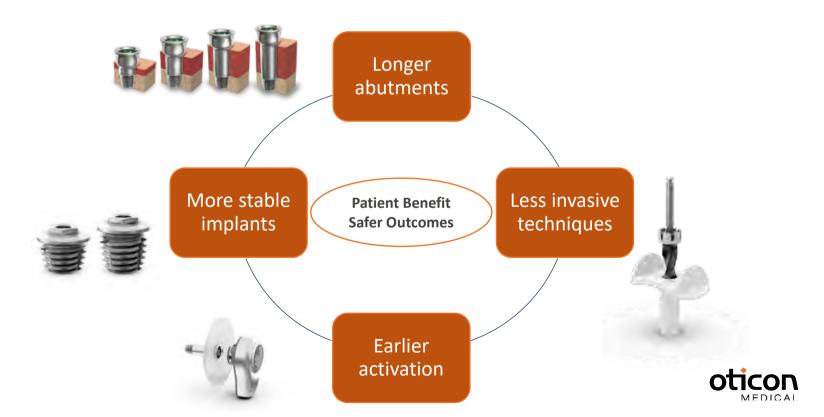






Safe Outcomes

Safe Outcomes: Technology and Procedure go hand and hand



### Quality of Life

Five studies evaluating 176
 patients with conductive or mixed
 hearing loss or single-sided
 deafness.

- Conditions:
   Change in quality of life measured after Ponto surgery.
- Task:
   The Glasgow Benefit Inventory
   (GBI) health-related quality of life questionnaire.

98% of users reported improved quality of life after Ponto surgery<sup>1</sup>

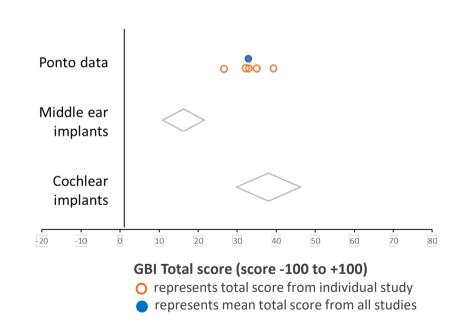






### Quality of Life

- Published Ponto data
  - 176 patients (5 studies)
  - 98% of patients reported improvement in quality of life
  - Average improvement 33 points
- Improvement after Ponto surgery larger than for middle ear implants, and almost as large as for cochlear implants<sup>1</sup>



1. Hendry, Chin, Swan, Akeroyd and Browning. The Glasgow Benefit Inventory: a systematic review of the use and value of an otorhinolaryngological generic patient-recorded outcome measure. Clin Otolaryngol. 2016; 41(3): 259–275.



# Safe Outcomes Surgical

#### • Participants:

Twenty-seven studies evaluating more than 1,100 patients with conductive or mixed hearing loss and single-sided deafness.

#### Conditions:

Adverse skin reactions according to \*Holgers (across visits) up to five years follow-up (mean follow-up time 16 months).

Task:

\*Holgers score ≥2 indicates need for skin-related aftercare treatment.

# In 95% of follow-up visits no skin-related aftercare treatment\* is required<sup>1</sup>









### Surgical



A systematic literature review reporting on 10 years' experience with the Ponto™ System demonstrated an overall implant survival rate of 98%.¹









# **Safe Outcomes** *Ponto Care App*

# A tool for you and your patients during social distancing times

 Developed with usability across all age groups in



Free for everyone



Adhering to the highest privacy standards- photos are saved on patient's phone, never on the app



✓ Does not require log in /





#### **Trial Section**

- 1. Flow
- 2. Benefits & service evaluation
- 3. Best practices

#### **Aftercare section**

- I. Flow
- Benefits
- 3. Best practices



### **Ponto Care App**

What are the benefits?

#### **Patient**



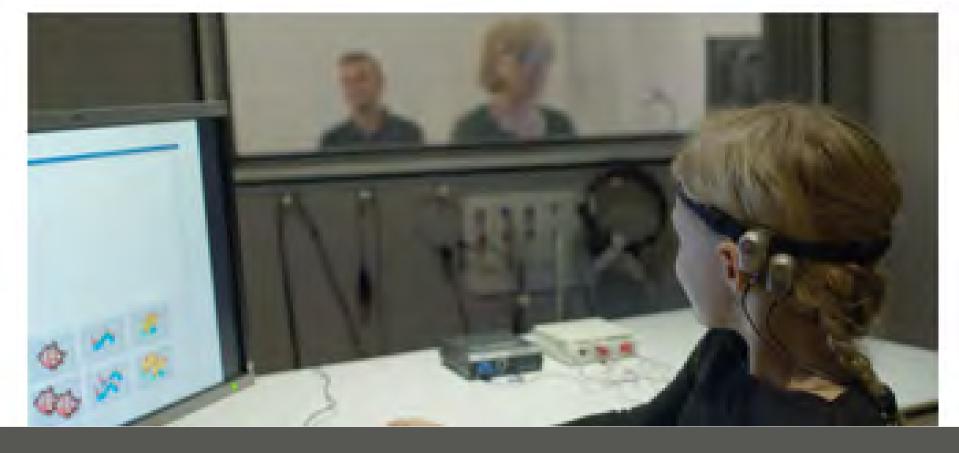
- Guidance and engagement during the trial process
- Aftercare information and ability to self-monitor their implant site and their hearing

### **Professional**



- Provides the ability to better engage with patients
- Offers information that can assist with patient management and counseling
- Can have a structured approach to the post trial visit, assist with counseling and overall management
- Patients and HCPs have a better understanding of the evolution of the implant site and their hearing; they can refer to precise and concrete data

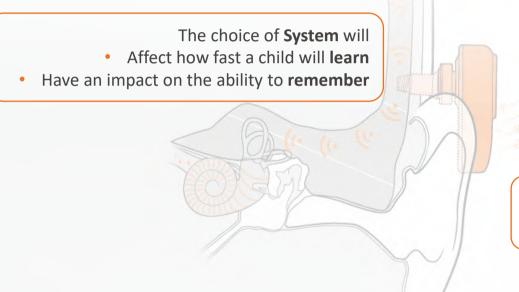




# **Clinical Evidence**

## Introducing ground-breaking evidence

The choice of system and sound processor will impact the user's everyday life in fundamental ways:



The choice of **sound processor** will

 Impact the level of effort needed for understanding speech



## **Clinical Evidence**

- We use BrainHearing<sup>™</sup> as our guiding star and strive to develop products that make it as easy as possible for the brain to make sense of sound.
- With the Ponto<sup>™</sup> System more cognitive resources can be used for understanding, remembering and enjoying life.









## **Clinical Evidence**

### Learn Faster



- Principal investigator:
   Prof. Andrea Pittman
- Participants:
  17 children (mean age: 11 years old);
  16 with conductive hearing loss,
  1 SSD.



Conditions:

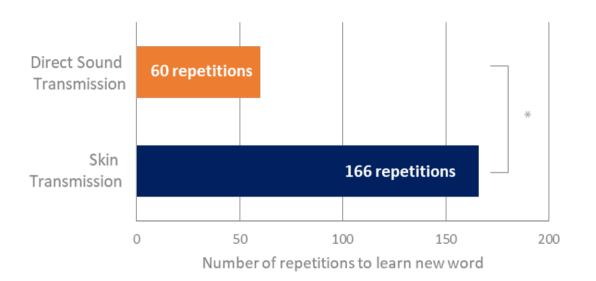
 Power version of Ponto
 optimally fitted on
 abutment and softband.



Task:
 Listen to and learn six new words.



# Clinical Evidence Learn faster



2.5 x faster
using a system with
Direct Sound Transmission
compared to a solution
with Skin Transmission.
(Pittman AL, 2019)



## **Clinical Evidence**

### Remember more



- Principal investigators:
   Prof. Thomas Lunner & Oticon
   Medical
- Participants:
   16 adults (mean age: 58 years old)
   with conductive or mixed hearing loss



 Conditions: Power version of Ponto optimally fitted on abutment and softband

- 1. Everybody wears sunglasses.
- 2. He is still lying on the sofa.
- The student will write a long report.
- 4. The whole town came to the **wedding**.
- 5. His daughter wants to go to college.
- 6. Yesterday was the film's premiere.
- 7. The factory port was not closed.

Translated from Danish.

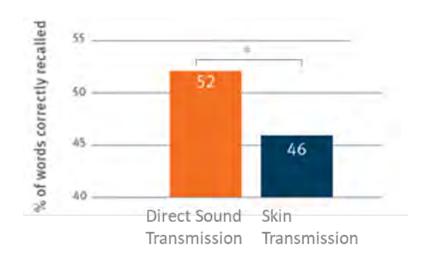
Task:
 Recall words after listening to 7
 sentences (SWIR test<sup>4</sup>)





## **Clinical Evidence**

### Remember More



13% relative improvement in recall performance with Direct Sound Transmission. Fewer resources are needed to process the signal, and more resources can be used for remembering.



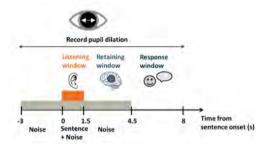
# Clinical Evidence Less Effort



- Principal investigator:
   Oticon Medical
- Participants:
   21 adults (mean age: 59 years old)
   with conductive or mixed hearing loss.



Conditions:
 Sound processors with different maximum output: Ponto Pro, Ponto 3, Ponto 3 SuperPower.



Task:
 Listen to and repeat sentences, while an eye-tracking camera monitors pupil dilation, as a measure of listening effort.

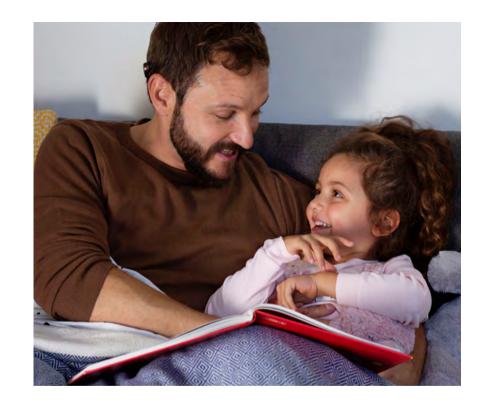


# Clinical Evidence Less Effort



A significant decrease in listening effort can be achieved with the Ponto 3 SuperPower, as indicated by reduced pupil dilation.<sup>3</sup>





**Pediatric Case Study** 

## The Importance of Providing Early Amplification

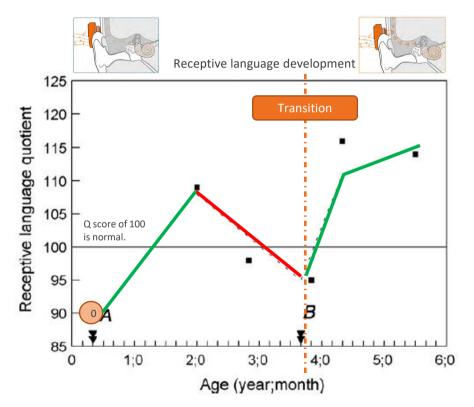
- Age at fitting of amplification is predictive for speech perception, speech production, and spoken language skills. (Sininger et al 2010)
- Auditory system development, and particularly development of speech perception, is guided by access to relevant acoustic and linguistic information early in life. (Kuhl PK, 2000)





## **Pediatric Case Study: Importance of Timely Transition**

- Transition to Direct Sound Transmission was necessary to maintain normal language development
- "Language development testing showed an accelerated improvement in speech development after implantation"





## **Pediatric Summary**

- Children need to wear a hearing solution:
  - With <u>maximum audibility</u> in the high frequency region in order to facilitate word learning
  - That can be worn all day to develop language and communication skills, both in school and during social activites
  - That is <u>not easily lost</u>
- Soft band is the only choice before age of surgery
- After minimum age for surgery, for normal development:
  - Best access to high frequencies must be provided in order to facilitate word learning
  - <u>Full day of use</u> must be secured



## Ponto evidence – Impact beyond better hearing



### LEARN FASTER

System level

Direct Sound Transmission vs.

Skin Transmission

(Children)

2.5 x faster learning



### **REMEMBER MORE**

System level **Direct Sound Transmission** vs.

Skin Transmission
(Adults)

13 % better recall



### **LESS EFFORT**

Product level Ponto Pro, Ponto 3 vs. **Ponto 3 SuperPower** 

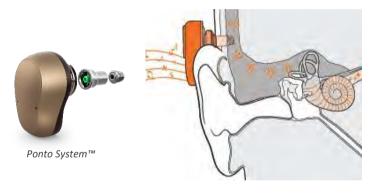


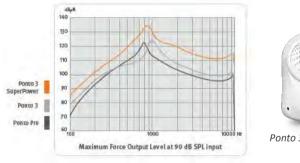
Significantly less effort



## **Ponto - A direct way to Easier Listening**

• Results show - Direct Sound Transmission and sound processor with higher max output provides best outcomes.





Ponto 3 SuperPower

The Ponto System uses
Direct Sound Transmission
with an abutment.

Ponto 3 SuperPower is the most powerful abutment-level bone anchored sound processor in the market.



## Take-aways

- Direct sound transmission delivers the optimum sound quality
- Increased sound quality leads to a reduction in listening effort
- This is especially important in the pediatric population as it can have a significant effect on other areas such as language development
- There are a wide array of considerations to take into account that the patients may be aware of, or misconceptions they may hold
- It is important the patient makes an informed decision whichever device they choose; they can only do this when armed with the correct information



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# Thank you

